

Psychologically Healthy and Safe Workplaces

Research has shown there is a strong connection between workplace safety culture and psychologically healthy and safe workplaces.

A claim receiving psychological services will have on average

3X HIGHER TIME LOSS¹



When workplaces adopt policies and programs to address psychological health and safety, they incur

15%–33%

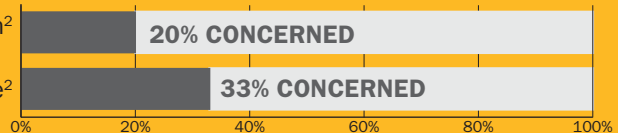


fewer costs related to psychological health issues.²

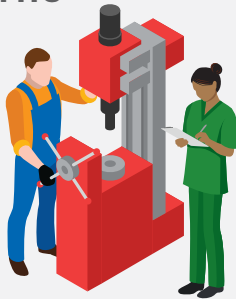
DID YOU KNOW? A psychologically healthy and safe workplace is one that supports employee well-being and actively works to prevent harm to employee's psychological health.

More people feel **PHYSICALLY SAFE** in the workplace than²

PSYCHOLOGICALLY SAFE in the work place²



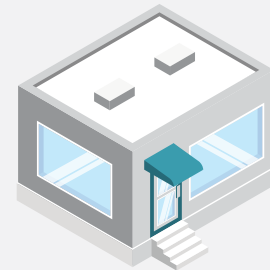
BENEFITS



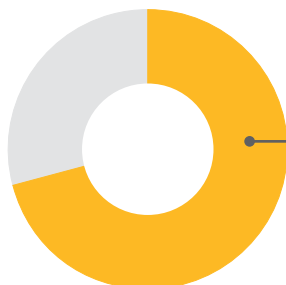
for **WORKERS**
greater sense of well-being and job satisfaction



for **MANAGERS**
healthier, more motivated and productive workforce



for **WORKPLACES**
improved performance, reduced incident and injury rates, lower absenteeism



71%

of Canadian employees surveyed report some degree of concern with psychological health and safety in their workplace.²

¹ Total claim costs as of April 9, 2015 (Data from WCB Nova Scotia)
² Guarding Minds @ Work/www.workplacestrategiesformentalhealth.com
Source: Guarding Minds at Work. Gilbert, Bilsker & Samra, 2018.